

KIT & EQUIPMENT

Bray Hockey Club advise that all children should come to training and matches equipped with the following:

- Tracksuit/Shorts
- Jumper
- Runners
- Shin Pads
- Hockey Stick
- Gum-shield
- A plastic bottle of water/juice
- A light rain jacket

Please ensure that the Childs name is clearly visible on their property. Please note no child will be permitted to take part without a gum-shield and shin-pads. This is purely in the interest of your child's safety.

Bray Hockey Club kit and equipment is stocked by Gilmour Sports. (www.gilmoursports.com)

TRAINING TIMES

Sunday 12-1pm Boys U12-16
Sunday 1-2pm Girls U12-16
Sunday 2-3pm U8, U10 & U12

KEY DATES FOR 2012/13

2nd September 2012: Reg & Pay Day
9th September 2012: First Session
28th October 2012: Halloween Dressup
9th December 2012: Christmas Blitz with party in The Martello until 5pm
10th March 2013: Last session

GET INVOLVED!

As a voluntary organization, we need help to provide the best club possible and so we encourage parents, guardians and family to get involved with our club so email us now if you are interested in volunteering (please note coaches are subject to Garda Vetting). Our senior club always welcomes new members and the ladies are launching a Vets team this season so come up and join the fun!

*Bray Hockey Club
abides by the principles
and guidelines
published by the Irish
Hockey Association in
their Code of Ethics for
Young People*

CONTACTS

Designated Officer: Donal Doyle: 083 357 3298
Children's Officer: Eoin O'Brien: 086 856 4444
Club President: Sarah O'Connor: 086 672 6555
Website: www.brayhockeyclub.ie
Email: bray.hockey@gmail.com
Venue: Loreto Secondary School, Vevay Road, Bray (opposite Tesco)

BRAY HOCKEY CLUB

Colts & Fillies (U16) 2012/13 Season Information Leaflet



*Members of Bray Hockey Club Colts & Fillies honoured to be chosen as mascots for Ireland's opening game at the Olympic Qualifier Tournament, UCD, March 10th 2012.
Photo courtesy of Adrian Boehm, Irish Hockey Photographers*

WELCOME TO BHC

Bray Hockey Club is a voluntary not-for-profit organisation and we are delighted to be celebrating our 20th senior season during 2012/13.

The club is committed to providing a safe and fun environment for young people to participate in and enjoy sport. The junior section of the club has grown to over 150 members and is vital to the future of the club. With this in mind Bray Hockey Club would ask that you read this leaflet carefully as it will outline the necessary procedures that have been put in place with your Childs safety and enjoyment in mind.

We took part in a pilot of the Irish Hockey Association's (IHA) "Hooked For Life / Hooked on Fun" program in 2011/12. This program was devised by Dave Passmore who is currently the IHA's performance director and formerly the national coach and it represents what is currently considered best practice. We will be structuring our season around this program which means that training sessions will follow a standardised best practice format as we aim to deliver the highest quality training to all levels.

Bray Hockey Club will at times use photographs taken at different events in the promotion of our club. If you have any issues with photographs of your child being used please contact the children's officer immediately.

GUIDELINES FOR PARENTS

Parents should:

- Be aware of the relevant Sports Leaders and their role within the club.
- Show appreciation of and respect for Sports Leaders and their decisions.
- Encourage their child to play by the rules.
- Focus on their child's efforts rather than performance.
- Focus on the fun and participation of the child in the activity.
- Discuss and explain the rules and issues raised within this leaflet with their child.
- Liaise with the Sports Leaders in relation to the times/locations of training sessions, medical conditions of their children and any requirement for their child's safety.
- Remain in the vicinity of the pitch throughout the duration of the training/match.
- Bring any issues or problems they may have become aware of to the attention of a Bray Hockey Club Committee member immediately
- T e a m e r

We use teamer.net to notify you of weekly training and matches. Teamer sends out a text message and an email. There is no charge to receive a teamer text and replies are charged at standard rate. Please reply indicating availability. This gives us a chance to properly gauge numbers and plan our sessions accordingly.

Children should:

- Play fairly and do their best to have fun.
- Respect officials and Sports Leaders.
- Respect opponents and shake hands after an event.
- Exercise tolerance for others, respecting all involved in their activity.
- Report any injuries to a Sports Leader as soon as they occur
- Report any issues that arise to their Parent/Guardian and a Bray Hockey Club official.

Children should not:

- Cheat.
- Bully or use bullying tactics.
- Use violence, using physical contact only when it is allowed within the rules.
- Leave the pitch without informing a Sports Leader.
- Go to the changing rooms/toilets alone.
- Shout or argue with the referee, officials, team mates or opponents.
- Harm team mates, opponents or their property.
- Keep secrets about any person who may have caused them harm.

Insurance: Bray Hockey Club maintains limited public liability and so strongly recommends that you ensure that your child has adequate personal injury insurance (such as schoolchild cover).